



Blessings: The Tsoknyi Nangchen Nuns of Tibet

Join Us for DVD Night, October 23, 2009, 7-9 p.m.
Joshua Forman House, Dharma Hall

Our good friend Babette Teich-Visco is providing this beautiful film; she has seen it and says that it is stunning and tells a very moving story, which is described below.

In the summer of 2005, renowned Tibetan Buddhist teacher Tsoknyi Rinpoche III led a group of western Buddhist women students to Nangchen, a remote nomadic region of eastern Tibet.

They journeyed to meet the Tsoknyi Nangchen nuns --- 3,000 women who practice the ancient yogic meditation traditions initiated in 1800 by the first Tsoknyi Rinpoche, who envisioned a time when these women would become some of the most accomplished spiritual practitioners in the world.

Despite the destruction of 40 nunneries during China's Cultural Revolution of the 1960's, a handful of nuns survived and have kept their practices alive. Now, the wisdom tradition of the nuns is once again vital and growing. This DVD tells the compelling story of these remarkable female practitioners.

DVD running time: 104 minutes

This is a free event; donations always welcome.

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